



## HIKE HALIBURTON – WINTER EDITION 2020

The Hike Haliburton Festival is pleased to present the first-ever Winter Edition: 20 guided and themed (free!) snowshoe hikes. Please register online at [www.hikehaliburton.com](http://www.hikehaliburton.com)

### SNOWSHOE RENTAL (Call ahead for reservations)

- Abbey Gardens 705.754.4769  
<https://abbeygardens.ca/>
- Algonquin Outfitters - Haliburton 705.457-3737  
<https://algonquinoutfitters.com/store-location/haliburton/>
- Algonquin Outfitters – Oxtongue Lake 1.800.469.4948  
<https://algonquinoutfitters.com/store-location/oxtongue/>
- Bark Lake Leadership and Conference Centre 705.447.2447  
<https://www.barklake.com/>
- Haliburton Forest (for people on Forests in Transitions hike) 705.754.2198  
<https://www.haliburtonforest.com/>
- Haliburton Highlands Museum (by donation) 705.457.2760  
<https://www.haliburtonhighlandsmuseum.com/>
- Haliburton Highlands Water Trails (Frost Centre) 705.766.9033  
<https://www.algonquinhighlands.ca/rentals.php>
- Sandy Lane Resort (for people staying there) 705.489.2020  
<https://www.sandylaneresort.com/>

### SNOWSHOE SALES

- Algonquin Outfitters - Haliburton 705.457-3737  
<https://algonquinoutfitters.com/store-location/haliburton/>
- Algonquin Outfitters – Oxtongue Lake 1.800.469.4948  
<https://algonquinoutfitters.com/store-location/oxtongue/>
- JoAnne Sharpley's Source for Sports Haliburton 705.457.3933  
<https://sharpleyshaliburton.com/>

### SNOWSHOE DESTINATIONS/AREAS TO EXPLORE ON YOUR OWN

If a guided snowshoe walk is not your thing check out these snowshoeing locations;

- Abbey Gardens  
<https://abbeygardens.ca/>
- Algonquin Highlands Hiking Trails  
<https://www.algonquinhighlands.ca/ski-snowshoe-trails.php>
- Glebe Park  
<https://www.dysartetal.ca/portfolio-view/glebe-park/>
- Snowdon Park  
<http://www.hhfn.ca/Snowdon%20Kiosk%20Sign%20Map.pdf>
- Twin Lakes  
<https://www.skihaliburton.com/maps/twinlakes-nordic-map-2017-2018.pdf>

- Dahl Forest  
<https://www.haliburtonlandtrust.ca/wp-content/uploads/2012/11/Dahl-Forest-Brochure-Web-Nov.7.121.pdf>
- Minden White Water Preserve  
<https://www.whitewaterontario.ca/recreation/facilities/minden-whitewater-preserve/>

## SPECIAL FEATURES

Whether you snowshoe or not, the festival offers something for everyone – exercise, exploration, nature, heritage, food and art.

New to snowshoeing? Learn, practice and apply newfound skills and knowledge! If you're an experienced snowshoer you will explore uncharted landscapes, gain more insights and experience a new range of challenges.

## TIPS AND SPECIAL CONSIDERATIONS

- Snowshoeing is a great winter activity. However, if you are an avid hiker, you may think that a 10 km hike is nothing, but when it comes to snowshoeing your body is working much harder - estimated as 50% to 75% harder than hiking. Your pace will be roughly 1.5 to 2 times slower.
- You can prepare for this difference as follows:
  - Know your limits for physical activities
  - Wear appropriate clothing
    - dress in layers - long underwear (on very cold days) , fleece, soft shell jacket and pants
    - waterproof breathable rain pants with leg vents
    - hats and gloves
    - waterproof walking boots
    - moccasins/soft soled boots if using traditional wooden snowshoes with lamp wick bindings
    - Gaiters (to stop snow from falling into your boots)
  - Use ski poles or walking sticks to help with balance on uneven terrain and steep slopes. Use of poles also adds an upper-body workout

## HIKE HALIBURTON - WINTER EDITION - INFORMATION

- Please [register](#) for your guided hikes. There are limits on the number of people allowed on each hike.
- Hikes will happen rain, snow or shine unless conditions are severe.
- Bring along a day pack that includes water, snacks, extra clothes, camera, and a lunch if specified in the hike description.
- Please arrive at the hike location 10 – 15 minutes before the scheduled start.
- A hike leader and one or two hike volunteers will be on hand to meet and greet and to help ensure your well-being and safety during the hike.
- When you register for the festival or a hike you will be asked to sign a waiver.
- We are looking for ways to improve the Festival. We hope you will take a few minutes to complete a short evaluation form that will be emailed to you after the Festival
- Hikes are free but donations are welcome. The hike volunteer will take donations.
- The County of Haliburton, Yours Outdoors, and hike leaders reserve the right to make changes or cancel a hike at any time in response to weather conditions, individual/group needs or other factors.